

Telecation

Media Material to Provide Educational Awareness to Our Community

Telecation is a media educational resource library of audio/video tapes, films, CDs and DVDs which are available to provide educational awareness in our community. It is designed to share information in a convenient and effective way for people who are on the go in our airline community. To check the tapes out contact the *Airport Community Counseling Office*: 612-726-9100

The Psychology of Intoxification
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3030
PHARMACOLOGY
Dr. Branter
Chemical Dependency, AC

Medical Consequences of Chemical
Dependency, Tape 1
FUNDAMENTALS OF

AND CHEMICAL ABUSE – UM 3030
Dr. Tom Briggs
Chemical Dependency, AC

History of Alcohol
Medical Consequences of Chemical
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3030
PHARMACOLOGY
Dr. Dan Anderson
Chemical Dependency, AC

Dependency, Tape 2
FUNDAMENTALS OF

AND CHEMICAL ABUSE – UM 3030
Dr. Tom Briggs
Chemical Dependency, AC

Drug First Aid, Tape 1
Stimulants and Hallucinogens, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3030
Mr. Rothenberg
Chemical Dependency, AC

FUNDAMENTALS OF

AND CHEMICAL ABUSE – UM 3030
Dr. Randy Cox
Chemical Dependency, AC

Drug First Aid, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3030
Mr. Rothenberg
Chemical Dependency, AC

Stimulants and Hallucinogens, Tape 2
FUNDAMENTALS OF

AND CHEMICAL ABUSE – UM 3030
Dr. Randy Cox
Chemical Dependency, AC

The Agent-Host-Environment Model, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3030
Dr. Kincannon
Chemical Dependency, AC

Sedatives and Narcotics, Tape 1
FUNDAMENTALS OF

AND CHEMICAL ABUSE – UM 3030
Dr. Randy Cox
Chemical Dependency, AC

The Agent-Host-Environment Model, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
PHARMACOLOGY AND CHEMICAL ABUSE – UM 3030
ABUSE – UM 3030
Dr. Kincannon
Chemical Dependency, AC

Sedatives and Narcotics, Tape 2
FUNDAMENTALS OF
AND CHEMICAL
Dr. Randy Cox
Chemical Dependency, AC

Basic Pharmacology I, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3030
Dr. Abuzzahab,
Chemical Dependency, AC

Basic Pharmacology I, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3030
Dr. Abuzzahab,
Chemical Dependency, AC

Basic Pharmacology II, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3030
Dr. Abuzzahab,
Chemical Dependency, AC

Basic Pharmacology II, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3030
Dr. Abuzzahab,
Chemical Dependency, AC

Overview of Drug Use in American Culture
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3030
Dr. Heilman
Chemical Dependency, AC

A Model of Human Development, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3031
Willis Bright
Chemical Dependency, AC

A Model of Human Development, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3031
Willis Bright
Chemical Dependency, AC

Chemical and Psychological Problems I,
Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3031
Bruce Fisher
Chemical Dependency, AC

Chemical and Psychological Problems I,
Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3031
Bruce Fisher
Chemical Dependency, AC

Chemical and Psychological Problems II,

Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3031
Bruce Fisher
Chemical Dependency, AC

Chemical and Psychological Problems II,
Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE, UM – 3031
Bruce Fisher
Chemical Dependency, AC

The Disease Concept of Chemical Dependency
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3031
Dr. Tom Briggs
Chemical Dependency, AC

Assessment of Chemical Dependency, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3031
Dr. Heilman
Chemical Dependency, AC

Assessment of Chemical Dependency, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3031
Dr. Heilman
Chemical Dependency, AC

Adolescent Issues, Tape 1
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3031
Jim Sipe
Chemical Dependency, AC
“Chalk Talk on Alcohol – Revised”

Adolescent Issues, Tape 2
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3031
Jim Sipe
Chemical Dependency, AC

Women and Chemical Abuse
FUNDAMENTALS OF PHARMACOLOGY
AND CHEMICAL ABUSE – UM 3031
Susan Schaefer and Marie Boelke
Chemical Dependency, AC

Intro and Drs. Opinion, Tape 1
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

Bill’s Story, Tape 2

BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

There is a Solution/More About Alcoholism, Tape 3
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

Pg. 32 – We Agnostics pg 48, Tape 4
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

Pg. 48 – How It Works, pg 60, Tape 5
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

How It works pgs 60 –71, Tape 6
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

Into Action, Tape 7
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

Working With Others – pg 158
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

Vision For You, pg 158 – 164/ Summary, Tape 9
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

(Roger’s Story), Tape 10
BIG BOOK STUDY – “The Retreat”
“Roger B.
Big Book Study, AC & CD

“The Twelve Steps of AA”
CHALK TALKS
Fr. Joseph C. Martin
Recovery, ½ ” VHS; 44:24 minutes

“Chalk Talk on Alcohol – Revised”
CHALK TALKS
Fr. Joseph C. Martin
Chemical Dependency/Alcoholism, ½ VHS & DVD 16:56 minutes

“Chalk Talk on Drugs”
CHALK TALKS
Fr. Joseph C. Martin

Chemical Dependency/Drugs, ½" VHS & DVD 56:minutes

"Back to the Basics"

CHALK TALKS

Fr. Joseph C. Martin

Recovery, ½ " VHS & DVD 51:40 minutes

"Relapse"

CHALK TALKS

Fr. Joseph C. Martin

Chemical Dependency/Relapse; ½ " VHS & DVD

38:58 minutes

"Recovery and the Family"

CHALK TALKS

Fr. Joseph C. Martin

Recovery, ½ " VHS 39:18 minutes

"Recovery and Forgiveness"

CHALK TALKS

Fr. Joseph C. Martin

Recovery, ½ " VHS & DVD 46:50 minutes

"Am I My Brother's Keeper"

CHALK TALKS

Fr. Joseph C. Martin

Recovery, ½ " VHS & DVD 36:40 minutes

Relapse – Terry Gorski

1. Bio Psycho-Social Model of Addiction,
 2. The Developmental Model of Recovery,
 3. The Relapse Process,
 4. Occupational Relapse Prevention Plan
- Chemical Dependency/Relapse, ½" VHS, CD*

I'll Quit Tomorrow

THE JOHNSON INSTITUTUE

Chemical Dependency/Intervention, ¾ U-matic, ½" VHS, 90 minutes

Dynamics of Alcoholism-Feeling Chart

VERN JOHNSON

Chemical Dependency, ¾ u-MATIC, ½" VHS, 30 minutes

The Family Trap

ONSITE

Chemical Dependency/Family Illness, ¾ U-matic, ½" VHS, 16 mm film, 29 minutes

Another Chance

ONSITE

Chemical Dependency/Family illness, ¾ U-matic, ½" VHS, 31 minutes

Probe: Suicide

KARE 11

Suicide, ¾ U-matic, 25 minutes

Emergency Overdose

OMNIA

¾ U-matic, ½" VHS, 16.45 minutes

Wingwalking in America
CATERPILLAR EAP
Chemical Dependency/EAP, ¾ U-matic

Claudia Black – The Video
ACT
Chemical Dependency/Family Illness, ½" VHS, 28 minutes

PIERS Tape
PIERS – ALPA
*Chemical Dependency/ Peer Support, ½" VHS,
30 minutes*

Introduction to Chemical Dependency Awareness
OMNIA
Chemical Dependency, ¾ U-matic, 23:06 minutes

America Hurts: The Drug Epidemic
DEA Audio-visual Productions
Chemical Dependency/Drugs, ½" VHS, 34 minutes

Dealing with the Employee Problems
OMNIA
Chemical Dependency/EAP, ¾ U-matic, 13:28 minutes

Dealing with Denial
OMNIA
Chemical Dependency, ¾ U-matic, 26:55 minutes

The Crisis
OMNIA
Chemical Dependency, ¾ U-matic, 19:40 minutes
Cardiac Pulmonary Resuscitation
OMNIA
First-Aid, ¾ U-matic, 12:15 minutes

The Baby's Brain: Wider Than the Sky
THE SECRET LIFE OF THE BRAIN
PBS Home Video, Episode 1
Mental Health, ½ " VHS; 60 minutes

The Child's Brain: Syllable From Sound
THE SECRET LIFE OF THE BRAIN
PBS Home Video, Episode 2
Mental Health, ½ " VHS; 60 minutes

The Teenage Brain: A World of Their Own
THE SECRET LIFE OF THE BRAIN
PBS Home Video, Episode 3
Mental Health, ½ " VHS; 60 minutes

The Adult Brain: To Think by Feeling
THE SECRET LIFE OF THE BRAIN
PBS Home Video, Episode 4
Mental Health, ½ " VHS; 60 minutes

The Aging Brain: Through Many Lives
THE SECRET LIFE OF THE BRAIN
PBS Home Video, Episode 5
Mental Health, ½ " VHS; 60 minutes

Inside the Teenage Brain
FRONT LINE - PBS Video
Mental Health, ½ " VHS; 60 minutes

Cocaine: A Catalyst For Change in the Addiction Field
COCAINE SEMINAR – U. S. JOURNAL
Arnold Washton
Chemical Dependency/Cocaine, AC

Women and Cocaine, Tape 1
COCAINE SEMINAR – U. S. JOURNAL
Jennifer Rice
Chemical Dependency/Cocaine, AC

Women and Cocaine, Tape 2
COCAINE SEMINAR – U. S. JOURNAL
Jennifer Rice
Chemical Dependency/Cocaine, AC

Cocaine Adiction: The Archtype of Grandiosity
COCAINE SEMINAR – U. S. JOURNAL
? John Bradshaw
Chemical Dependency/Cocaine, AC

Cocainism...New Clinical Findings
COCAINE SEMINAR – U. S. JOURNAL
C. C. Nickols
Chemical Dependency/Cocaine, AC

Managing the Cocaine Patient: The First Five Days
COCAINE SEMINAR – U. S. JOURNAL
C. C. Nickols
Chemical Dependency/Cocaine, AC

Identifying & Disarming Relapse Triggers: Strategies for Dealing with Craving
COCAINE SEMINAR – U. S. JOURNAL
Terence Gorski
Chemical Dependency/Cocaine, AC

Techniques for Helping Parents Recover When Their Adolescent Stops Using Cocaine
COCAINE SEMINAR – U. S. JOURNAL
Ellen Morehouse
Chemical Dependency/Cocaine, AC

The Phases and Symptoms of Relapse
Gorski-Miller
Chemical Dependency/Relapse, AC

Relaxation by the Numbers
Gorski-Miller
Chemical Dependency/Relapse, AC

The Children of Alcoholics
Claudia Black
Co-Alcoholism-Adult Children, AC

Don't Talk, Don't Trust, Don't Feel
Claudia Black
Adult Children of Alcoholics, AC

The Adult Child
Claudia Black
Adult Children of Alcoholics, AC

The Progression of Roles
Claudia Black
Adult Children of Alcoholics, AC

It will never Happen to Me
Claudia Black
Adult Children of Alcoholics, AC

Co-Dependency/Children of Alcoholism
Sharon Wegsceider-Cruise
Adult Children of Alcoholics, AC

The Alcoholic Family Pattern
Rokelle Lerner
Co-Alcoholism-Adult Children, AC

The Journey Through Shame
Rokelle Lerner
Co-Alcoholism-Adult Children, AC

What About the Children
ALCOHOLISM AND THE FAMILY, Tape 1
Janet Geringer Woititz
Adult Children of Alcoholics, AC

What About the Children
ALCOHOLISM AND THE FAMILY, Tape 2
Janet Geringer Woititz
Adult Children of Alcoholics, AC

Intimate Relationships and Adult Children of Alcoholics
ALCOHOLISM AND THE FAMILY, Tape 3
Janet Geringer Woititz
Adult Children of Alcoholics, AC

Adult Children of Alcoholics,
ALCOHOLISM AND THE FAMILY, Tape 4
Janet Geringer Woititz
Adult Children of Alcoholics, AC

Children of Alcoholics, Tape 1
Dr. Ken Williams

Adult Children of Alcoholics, AC

Children of Alcoholics, Tape 2
Dr. Ken Williams
Adult Children of Alcoholics, AC

Children of Alcoholics, Tape 3
Dr. Ken Williams
Adult Children of Alcoholics, AC

Growing up with Alcoholism
Jael Greenleaf
Adult Children of Alcoholics, AC

Grief, Loss, and Recovery for Adult Children of Alcoholics, Tape 1
John Neikirk
Adult Children of Alcoholics, AC

Grief, Loss, and Recovery for Adult Children of Alcoholics, Tape 2
John Neikirk
Adult Children of Alcoholics, AC

Spirituality: Attaining Serenity in Recovery
Dr. Charles Whitfield
Adult Children of Alcoholics, AC

Art Therapy with Young Children of Alcoholics
Tarpley M. Richards
Adult Children of Alcoholics, AC

Children of Alcoholics and Human Development
Robert J. Akerman
Adult Children of Alcoholics, AC

Group Therapy for Adult Children of Alcoholics
Mary Brand Cermack
Adult Children of Alcoholics, AC

A Day at a Time
Selections from the Daily Inspirational
Recovery/Inspirational AC

Do I Have to Give Up Me to be Loved by You?
Jordan and Margaret Paul
Recovery/Relationships AC

Out of the Shadows
Patrick Carnes
Compulsive Sexual Behavior, AC

Hope and Recovery
12-Step Guide for Compulsive Sexual Behavior,
Tape 1
Compulsive Sexual Behavior, AC

Hope and Recovery
12-Step Guide for Compulsive Sexual Behavior,
Tape 2
Compulsive Sexual Behavior, AC

Hope and Recovery
12-Step Guide for Compulsive Sexual Behavior,
Tape 3
Compulsive Sexual Behavior, AC

Fulfillment in Recovery – Larsen
Decisions and Choices – Loecer
HOPE FOR ADULT CHILDREN OF ALCOHOLICS, Tape 1
Ernie Larsen & Elene Loecher
Adult Children of Alcoholics, AC

Adult Relationships – Subby
Stages of Growth – Naiditch
HOPE FOR ADULT CHILDREN OF ALCOHOLICS, Tape 2
Bob Subby & Barbara Naiditch
Adult Children of Alcoholics, AC

Grief and Loss – Kreuzer
The Twelve Steps and ACOA – Smalley
HOPE FOR ADULT CHILDREN OF ALCOHOLICS, Tape 3
Marty Kreuzer & Sondra Smalley
Adult Children of Alcoholics, AC

Reflections
HOPE FOR ADULT CHILDREN OF ALCOHOLICS, Tape 4
Bob W. & Ellen W.
Adult Children of Alcoholics, AC

Loving Yourself – Darlene L.
Family Forgiveness – Jeff L.
EXPLORING RELATIONSHIPS: TOPICS FOR FAMILIES AND FRIENDS
Co-Alcoholism/Sexuality, AC

Bond of Friendship – Mary Ann & Doris
Caring-Sharing-Sparing – Marianne & Jim
EXPLORING RELATIONSHIPS: TOPICS FOR FAMILIES AND FRIENDS
Relationships/Adult Children of Alcoholics, AC

Humility – Lynn L.
Anonymity – Ruth F.
EXPLORING RELATIONSHIPS: TOPICS FOR FAMILIES AND FRIENDS
Adult Children of Alcoholics, AC

Growing Up – Pat J.
When Your Wife is an Alcoholic – Bill B.
EXPLORING RELATIONSHIPS: TOPICS FOR FAMILIES AND FRIENDS
Adult Children of Alcoholics, AC

Getting Better/Coping with Stress – Rosemary
The Twelve Steps: A Prescription for Recovery – Sondra Smalley

EXPLORING RELATIONSHIPS: TOPICS FOR FAMILIES AND FRIENDS

Adult Children of Alcoholics, AC

Rules for Relationships

Sexuality and Spirituality

Marilyn Mason

Relationships/Sexuality, AC

Incest Years After – A Lecture on Theory and Treatment

Mary Ann Donaldson

Sexuality/Incest, AC

Exercises for Person Recovery: Journal Writing and Guided Imagery

Wayne Kitsberg

Recovery, AC

Post-Traumatic Stress Disorder and Adult Children from Alcoholic Families

Timmen Cermak

Adult Children of Alcoholics, AC

Hangovers from Childhood: How to Cope Today

Judith Seixas

Adult Children of Alcoholics, AC

Adult Children of Alcoholics and the Search for Intimacy

Robert Subby

Adult Children of Alcoholics, AC

Treatment of Depression and Unfinished Grief Work in Adult Children from Alcoholic Families

Lorie Dwinell

Adult Children of Alcoholics, AC

Special Issues for Children of Recovering Families: The Self-Help Program as a Defense

Philip Oliver-Diaz

Adult Children of Alcoholics, AC

Teaching Self-Esteem to Young Co-Alcoholics

Jamie Rattray

Co-Alcoholism/Recovery, AC

Building Strength in Ourselves

Jacquelyn Small

Co-Alcoholism/Recovery, AC

Essential of Self Creation

Jacquelyn Small

Co-Alcoholism/Recovery, AC

The Self and Its Transpersonal Family

Jacquelyn Small

Co-Alcoholism/Recovery, AC

Healing the Inner Child through Guided Imagery

Jacquelyn Small

Co-Alcoholism/Recovery, AC

Self Esteem: A Family Affair

Jean Illsley Clark

Recovery/Self-Esteem, AC

Shame on You!

Gershen Kaufman

Recovery/Shame, AC

Family

Father Joseph Martin

Recovery, AC

Codependent No More

Melody Beattie

Co-Alcoholism, AC

Getting Started/Personal Assessment and Goal Setting, Tape 1

MAKING YOURSELF HEARD

Robert Alberti

Assertiveness, AC

Overcoming Your Own Obstacles/Developing Assertive Skills, Tape 2

MAKING YOURSELF HEARD

Robert Alberti

Assertiveness, AC

Step-by-Step Skill Building/Advance Practicew to Handle Anger and External Pressure Setting,
Tape 3

MAKING YOURSELF HEARD

Robert Alberti

Assertiveness, AC

Building A Positive Self-Concept, Tape 1

THE PSYCHOLOGY OF SELF-CONCEPT

Brian Tracy

Personal Growth, AC

Accepting Responsibility and Taking Charge, Tape 2

THE PSYCHOLOGY OF SELF-CONCEPT

Brian Tracy

Personal Growth, AC

Programming for Success, Tape 3

THE PSYCHOLOGY OF SELF-CONCEPT

Brian Tracy

Personal Growth, AC

Goals and Achieving, Tape 4

THE PSYCHOLOGY OF SELF-CONCEPT

Brian Tracy

Personal Growth, AC

Creative Problem Solving and Decision Making, Tape 5

THE PSYCHOLOGY OF SELF-CONCEPT

Brian Tracy

Personal Growth, AC

Superior Human Relations, Tape 6

THE PSYCHOLOGY OF SELF-CONCEPT

Brian Tracy
Personal Growth, AC

Co-dependency: Definitions and Symptoms,
Tape 1, Part I
CO-DEPENDENCY: THE SEARCH FOR WHOLENESS
John Friel
Co-Alcoholism, AC

Co-dependency: Definitions and Symptoms,
Tape 2, Part II
CO-DEPENDENCY: THE SEARCH FOR WHOLENESS
John Friel
Co-Alcoholism, AC

Co-dependency: Who Am I? Tape 3
CO-DEPENDENCY: THE SEARCH FOR WHOLENESS
John Friel
Co-Alcoholism, AC
Co-dependency and Intimacy: Myths and Realities, Tape 4
CO-DEPENDENCY: THE SEARCH FOR WHOLENESS
John Friel
Co-Alcoholism, AC

Defining the Family System/Traits, Characteristics and Symptoms of Adult Children
Tape 1
ADULT CHILDREN FROM DYSFUNCTIONAL FAMILIES
John Friel
Co-Alcoholism, AC

Traits, Characteristics and Symptoms of Adult Children/Roles and Labels in a Dysfunctional
Family System, Tape 2
ADULT CHILDREN FROM DYSFUNCTIONAL FAMILIES
John Friel
Co-Alcoholism, AC

Overt and Covert Rules and Abuse Issues of Adult Children, Tape 3
ADULT CHILDREN FROM DYSFUNCTIONAL FAMILIES
John Friel
Co-Alcoholism, AC

A Day with M. Scott Peck
ALFRED ADLER LECTURE
M. Scott Peck
Author-Road Less Traveled-People of the Lie, AC

Shame and the Abandonment Trauma: The Core of Original Pain
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
John Bradshaw
Recovery/Adult Children of Alcoholics, AC

Self-Parenting: 12-Steps to Giving yourself and Your Clients What Your Parent's Couldn't
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
P. Oliver-Diaz & P. O'Gorman
Recovery/Adult Children of Alcoholics, AC

How to Set Up a 12-Step Workshop in Your Area
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Kathleen W.

Recovery/Adult Children of Alcoholics, AC
Unraveling Relapse: Co-Dependency as an Obstacle to Chemical Dependency Recovery
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Bill Miller, Lila Miner & Cynthia Smith
Recovery/Adult Children of Alcoholics, AC

Freeing Yourself To Love: Forgiveness and Self-
Acceptance in the 12-Steps of Self-Parenting
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Patricia O'Gorman
Recovery/Adult Children of Alcoholics, AC

Breaking the Cycle: Parenting Issues in Recovered Families, Tape 1
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
John Bradshaw
Recovery/Adult Children of Alcoholics, AC

Breaking the Cycle: Parenting Issues in Recovered Families, Tape 2
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
John Bradshaw
Recovery/Adult Children of Alcoholics, AC

Bedtime Stories for Adult Children: A Slumber Party
Breaking the Cycle: Parenting Issues in Recovered Families, Tape 1
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Stella Nicholson
Recovery/Adult Children of Alcoholics, AC

But You Hide It So Well: Adult Survivors of Physical and Sexual Abuse
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Linda T. Sanford
Recovery/Adult Children of Alcoholics, AC

Family Dynamics of Sexual Abuse, Tape 1
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Linda T. Sanford
Recovery/Adult Children of Alcoholics, AC

Family Dynamics of Sexual Abuse, Tape 2
ACA CONFERENCE-PERSONAL AND PRO-
FESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Linda T. Sanford
Recovery/Adult Children of Alcoholics, AC

Co-Dependency: Chipping Away at the Iceberg of Frozen Feelings, Tape 1
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
John Friel
Recovery/Adult Children of Alcoholics, AC

Co-Dependency: Chipping Away at the Iceberg of Frozen Feelings, Tape 2
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
John Friel
Recovery/Adult Children of Alcoholics, AC

Chaos, Confusion & "Craziness": Recovering Teenagers and Co-Dependent Behavior
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Janice Gabe & Jody Biscoe
Recovery/Adult Children of Alcoholics, AC

Follow the Yellow Brick Road: Finding Your Strength Within, Tape 1
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Joy Miller & Marianne Ripper
Recovery/Adult Children of Alcoholics, AC

Follow the Yellow Brick Road: Finding Your Strength Within, Tape 2
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Joy Miller & Marianne Ripper
Recovery/Adult Children of Alcoholics, AC

Adult Children: WE Didn't All Grow Up in Alcoholic Families
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
John C. Friel
Recovery/Adult Children of Alcoholics, AC

Short Term Intensive Group Psychotherapy for Survivors of Child Sexual Abuse
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Linda t. Sanford
Recovery/Adult Children of Alcoholics, AC

Co-Dependency: The Fabric of Relapse, Tape 1
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Robert Subby
Recovery/Adult Children of Alcoholics, AC

Co-Dependency: The Fabric of Relapse, Tape 2
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Robert Subby
Recovery/Adult Children of Alcoholics, AC

Learning the Way: Keeping One Step Ahead of Your Spiritual Journey
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Ruth Fishel
Recovery/Adult Children of Alcoholics, AC

Falling Asleep in the Poppy Fields: Relapse Symptoms for ACoAs
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Joy Miller & Marriane Ripper
Recovery/Adult Children of Alcoholics, AC

Meditation, Affirmations, Visualizations: Clearing Your Spiritual Path for Growth and Change
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Ruth Fishel
Recovery/Adult Children of Alcoholics, AC

Excessive Relationships: Couples Therapy
With Adult Children
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Mary Stubbs
Recovery/Adult Children of Alcoholics, AC

Just Between Us: Co-Dependency and Intimate Relationships
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Robert Subby
Recovery/Adult Children of Alcoholics, AC

You've Got the magic: Opening the Door to Change
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Mary Lee Zawadski
Recovery/Adult Children of Alcoholics, AC

Healing the Child Within
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Charles Whitfield
Recovery/Adult Children of Alcoholics, AC

Recovery Roadmap: Teaching Awareness, Choices and Decision Making
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Dene Stamas
Recovery/Adult Children of Alcoholics, AC

Showing Them What They're Saying: Issues in Co-Dependency Treatment
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY

Mary Lee Zawadski
Recovery/Adult Children of Alcoholics, AC

Finding Forgiveness
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Robert J. Ackerman
Recovery/Adult Children of Alcoholics, AC

Using Anger to Grow in Recovery
ACA CONFERENCE-PERSONAL AND PROFESSIONAL CHALLENGES IN THE JOURNEY TOWARDS RECOVERY
Charles Whitfield
Recovery/Adult Children of Alcoholics, AC

Striving for Health Attitudes
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Dene Stamas
Recovery/Adult Children of Alcoholics, AC

Let Go and Grow: Four Stages in Recovery for AcoAs
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Recovery/Adult Children of Alcoholics, AC

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Step Two – Darlene L.
TWELVE STEPS FOR FAMILIES AND FRIENDS
12-Steps/Recovery, AC

Step Three – Mel S.
Step Four – Ruth F.
TWELVE STEPS FOR FAMILIES AND FRIENDS
12-Steps/Recovery, AC

Step Five – Ruth f.
Step Six and Seven – Rosemary K.
TWELVE STEPS FOR FAMILIES AND FRIENDS
12-Steps/Recovery, AC

Step Eight – Gail M.
Step Nine – Carl B.
TWELVE STEPS FOR FAMILIES AND FRIENDS
12-Steps/Recovery, AC

Step Ten – Bill F.
Step Eleven – Bill B.
TWELVE STEPS FOR FAMILIES AND FRIENDS
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Step Twelve – Darlene L.
Double Winners – Marianne and Jim E.
TWELVE STEPS FOR FAMILIES AND FRIENDS
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Winnie E. (From La Puente, California)
An Alanon Talk, AC

Babs B. (from Dallas, Texas)
An Alanon Talk, AC

Carrie C.
An Alanon Talk, AC

Blanche D. (from Austin, Texas)
An Alanon Talk, AC

Paul O.
An AA Talk, AC

Larry K.
An AA Talk, AC

Allen McG. (Brentwood) Tape 1
An AA Talk, AC

Allen McG. (Brentwood) Tape 2
An AA Talk, AC

Allen McG. (Brentwood) Tape 3
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Each Day a New Beginning
MEDITATION AUDIO FROM HAZELDEN
Daily Meditations for Women
Meditation, AC

It Will Never Happen to Me!
SELF-HELP AUDIO FROM HAZELDEN
Claudia Black
Adult Children of Alcoholics, AC

Days of Healing Days of Joy
MEDITATION AUDIO FROM HAZELDEN
Earnie & Carol Larsen Hegarty

Touchstones
MEDITATION AUDIO FROM HAZELDEN
Daily Meditations for Men
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Self-Esteem
SUBLIMINAL AUDIO FROM HAZELDEN
Ray Monahan
Meditation, AC

Loving Self and Others
SUBLIMINAL AUDIO FROM HAZELDEN
Ray Monahan
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Healing
Sandy Miller
Meditation, Healing, AC

Boundaries: The Space Between, Tape 1
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Boundaries: The Space Between, Tape 2
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Recovery, AC

Do What You Like, the Money Will Follow,
Tape 1
DISCOVERING YOUR RIGHT LIFELIHOOD,
Marshal Sinetar
Career, Job Change, AC

Do What You Like, the Money Will Follow,
Tape 2
DISCOVERING YOUR RIGHT LIFELIHOOD,
Marshal Sinetar
Career, Job Change, AC

Addiction to Misery: The Other Side of Co-Dependency
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Robert Becker,
Adult Children of Alcoholics, AC

Craving Love, Afraid to Love: Illusions About Intimacy & Relationships
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Robert Becker,
Adult Children of Alcoholics, AC

Making Peace with You Addicted Family
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Robert Ackerman
Adult Children of Alcoholics, AC

From Self-hate to Compassion: The Journey Home to Ourselves
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Rokelle Lerner
Adult Children of Alcoholics, AC

Children of Trauma: Reclaiming You Discarded Self
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Jane Middleton-Moz
Adult Children of Alcoholics, AC

Double Stigma: Sexual Abuse Within the Alcoholic Family System

ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Robert Becker,
Adult Children of Alcoholics, AC

Changing Family Patterns: Developing Skill to Prevent Another Generation of Co-Dependents
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Ann Smith
Adult Children of Alcoholics, AC

Work Addiction: The Pain that Others Applaud
ACA CONFERENCE – ADDICTIONS AND THE FAMILY
Robert Becker,
Adult Children of Alcoholics, AC

Bradshaw on the Family
HCI AUDIO BOOK
John Bradshaw
Recovery, Family Issues, AC

Healing the Shame that Binds You, Tape 1
HCI AUDIO BOOKS
John Bradshaw
Shame, AC

Healing the Shame that Binds You, Tape 2
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John Bradshaw
Shame, AC

The Challenge of Intimacy
HCI AUDIO BOOK
Rokelle Lerner
Recovery, Intimacy, AC

I'm Running as Fast as I Can
HCI AUDIO BOOK
Rokelle Lerner
Recovery, AC

Struggle for Intimacy
HCI AUDIO BOOK
Janet G. Woititz
Recovery/Intimacy, AC

The Miracle of Recovery
HCI AUDIO BOOK
Sharon Wegscheider-Cruse
Recovery, AC

The Flying Boy – Healing the Wounded Man
HCI AUDIO BOOK
John Lee

Recovery, AC

The 12 Steps for AcoAs
HCI AUDIO BOOK
Bill S.
12 Steps/Adult Children, AC

The 12 Steps for Christians
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Bill S.
12 Steps, AC

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BUILDING PERSONAL BOUNDARIES
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Relationships, AC

Building Personal Boundaries, Tape 2
BUILDING PERSONAL BOUNDARIES
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Relationships, AC

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BUILDING PERSONAL BOUNDARIES
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Building Personal Boundaries, Tape 4
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Relationships, AC

Building Personal Boundaries, Tape 5
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Parenting, AC

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Parenting, Tape 4
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Relationships, AC

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Co-dependency, Tape 1
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Co-Alcoholism, AC

Co-dependency, Tape 2
CO-DEPENDENCY
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Co-Alcoholism, AC

Co-dependency, Tape 3
CO-DEPENDENCY
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Co-Alcoholism, AC

Co-dependency, Tape 4
CO-DEPENDENCY
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Co-Alcoholism, AC

Co-dependency, Tape 5
CO-DEPENDENCY
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The Family in Crisis, Tape 1
BRADSHAW ON THE FAMILY
John Bradshaw
Family, AC & ½' VHS

The Healthy Family, Tape 2
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Family, AC & ½" VHS

The Unhealthy Family, Tape 3
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Family, AC & ½" VHS

The Compulsive Family, Tape 4
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John Bradshaw
Family, AC & ½" VHS

The Persecuted, Tape 5
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John Bradshaw
Family, AC & ½" VHS

The "Bad" Child, Tape 6
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Family, AC & ½" VHS
The Most Common Family Illness, Tape 7
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Family, AC & ½" VHS

Help for the Family, Tape 8
BRADSHAW ON THE FAMILY
John Bradshaw
Family, AC & ½" VHS

Health for the Family, Tape 9
BRADSHAW ON THE FAMILY
John Bradshaw
Family, AC & ½" VHS

Hope for the Family, Tape 9
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John Bradshaw
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Healing the Shame that Binds You
John Bradshaw
Shame, AC & ½" VHS

Our "Shameless Culture," Tape 1
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Shame, AC

Theory and Treatment of Shame Based Syndromes, Tape 2
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Shame, AC

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Personal Growth, AC

Accepting Responsibility and Taking Charge, Tape 2
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Brian Tracy
Personal Growth, AC

Programming for Success, Tape 3
THE PSYCHOLOGY OF SELF-CONCEPT
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Personal Growth, AC

Goals and Achieving, Tape 4
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Personal Growth, AC

Creative Problem Solving and Decision Making, Tape 5
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Personal Growth, AC

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Personal Growth, AC

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Anger, AC

Anger and Forgiveness, Tape 2

Fr. Tom Allender

Anger, AC

Anger and Forgiveness, Tape 3

Fr. Tom Allender

Anger, AC

Anger and Forgiveness, Tape 4

Fr. Tom Allender

Anger, AC

Learning the Pre-Marital Dance, Tape 1

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

Marriage, AC

Coming Together, Tape 2

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

Marriage, AC

A Marriage is a Marriage, Tape 3

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

Marriage, AC

Avoiding the Deadlock, Tape 4

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

Marriage, AC

The Children Grow and Go, Tape 5

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

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Newton Frohlich

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

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Dr. Carl Whitaker

MAKING A MARRIAGE WORK

Dr. Carl Whitaker

Divorce, AC

Marriage and Family Counseling Techniques, Tape 1

Dr. Carl Whitaker

Marriage and Family Therapy, AC

Marriage and Family Counseling Techniques, Tape 2

Dr. Carl Whitaker

Marriage and Family Therapy, AC

Marriage and Family Counseling Techniques, Tape 3

Dr. Carl Whitaker

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Marriage and Family Counseling Techniques, Tape 12

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Marriage and Family Counseling Techniques, Tape 15
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Preparing for Remarriage, Tape 1
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Step-Families, Blended Families, AC

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STEPFAMILY LIVING
Elizabeth Einstein
Step-Families, Blended Families, AC

The Five Stages of Marriage/Dealing with Differences, Tape 1
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Family Enrichment Bureau
Marriage, AC

The Things that Keep Us from Talking/ How Can You Live with Me? Tape 2
OUR MARRIAGE IS YOU AND ME
Family Enrichment Bureau
Marriage, AC

Building Ups and Downs/Facing Everything Together, Tape 4
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From Fear & Control to Love & Freedom
Susan Forward, Jordan & Margaret Paul

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Out of the Shadows
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Hope & Recovery, Tape 1
12 – Step Guide for Compulsive Behavior
Sexual Compulsivity, AC

Hope & Recovery, Tape 2
12 – Step Guide for Compulsive Behavior
Sexual Compulsivity, AC

Hope & Recovery, Tape 3
12 – Step Guide for Compulsive Behavior
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Rules for Relationships/Sexuality and Spirituality
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Sexuality/Incest, AC

Sexual Health Ministry
Sandra Nohre
Sexuality, AC

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Joe and Kathy Connell
Sex Education, AC

Learning to Love, The Girl Grows Up, Tape 2
EDUCATION IN SEXUALITY FOR PRE-TEENS
Joe and Kathy Connell
Sex Education, AC

The Boy Grows Up/Becoming a Young Adult, Tape 3
EDUCATION IN SEXUALITY FOR PRE-TEENS
Joe and Kathy Connell
Sex Education, AC

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PMS ACTION
Virginia Cassara
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NUTRITION
Barb Ligon
Health/Nutrition, AC

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NUTRITION
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Health/Nutrition, AC

Women's Health, Tape 3
NUTRITION
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Stress, AC

Stress / Anxiety
STRESS; WHAT'S IN IT FOR ME?
Miles Patrick Palmerton
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Stress / The Staywell Program
STRESS; WHAT'S IN IT FOR ME?
Dr. Murray Naditch
Stress, AC

Stress / Medical Aspects of Stress
STRESS; WHAT'S IN IT FOR ME?
Dr. Alex G. Webb
Stress, AC

Stress / Attitudes and Techniques
STRESS; WHAT'S IN IT FOR ME?
Bob Griswold
Stress, AC

The Wisdom of the 12 Step Program
Earnie Larsen
Recovery, AC

The 12 Steps as Learning to Love
Earnie Larsen,
Recovery, AC

Came to Believe...
SPIRITUALITY SEMINAR
Earnie Larsen,
Recover, AC

God as We Understood Him to be...
SPIRITUALITY SEMINAR
Earnie Larsen,
Recover, AC

Sought through Prayer and Meditation to Improve Our Conscious Contact with God...
SPIRITUALITY SEMINAR
Earnie Larsen,
Recover, AC

Basics of Co-Dependency, Tape 1
BASICS OF CO-DEPENDENCY/STAGE II RECOVERY
Earnie Larsen
Recovery, AC

Basics of Co-Dependency, Tape 2
BASICS OF CO-DEPENDENCY/STAGE II RECOVERY
Earnie Larsen
Recovery, AC

Basic Understanding of Habits and Change, Tape 3
BASICS OF CO-DEPENDENCY/STAGE II RECOVERY
Earnie Larsen
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How to Change (Work a Program), Tape 4
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How to Make Relationships Work, Tape 5
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Recovery, AC

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Earnie Larsen
Recovery, AC

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Getting Hurt – Understanding Consequences, Tape 2
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Earnie Larsen,
Relationships, AC

Making Healthy Decisions, Tape 3
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Relationships, AC

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Relationships, AC

Boundaries, Balance and Discernment / Dealing with the Disease of “Hurry-Up”, Tape 1
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Earnie Larsen
Relationships, AC

Understanding Expectations / Dealing with Difficult People, Tape 2
HOW TO KEEP YOUR BALANCE IN A ROCKING BOAT

Earnie Larsen,
Relationships, AC

How and Why to Take Care of Yourself / Breaking the Stress Cycle, Tape 3
HOW TO KEEP YOUR BALANCE IN A ROCKING BOAT

Relationships, AC

Healing of Memories toward Parents / What to Do with Your Wounded Child, Tape 4
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Earnie Larsen,
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Earnie Larsen,
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Framing – How WE Look at Life, Tape 1
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Earnie Larsen
Parenting/Teenagers, AC

Recovery Begins with Reality, Tape 2
HOPE FOR PARENTS OF TROUBLED TEENS

Earnie Larsen
Parenting/Teenagers, AC

Communicating with the NAC Teen, Tape 3
HOPE FOR PARENTS OF TROUBLED TEENS

Earnie Larsen
Parenting/Teenagers, AC

What is Self-Esteem and How Shame Affects Our Self-Esteem, Tape 1
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Earnie Larsen
Self-Esteem, AC

The Shame Cycle, Tape 2
BUILDING OUR SELF-ESTEEM

Earnie Larsen
Self-Esteem, AC

How to Build A Positive Self-Esteem, Tape 3
BUILDING OUR SELF-ESTEEM
Earnie Larsen
Self-Esteem, AC

Self-Esteem and Relationships, Tape 4
BUILDING OUR SELF-ESTEEM
Earnie Larsen
Self-Esteem, AC

Self-Esteem and Financial Responsibility, Tape 5
BUILDING OUR SELF-ESTEEM
Earnie Larsen
Self-Esteem, AC

Self-Esteem and Spirituality
BUILDING OUR SELF-ESTEEM
Earnie Larsen
Self-Esteem, AC

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BREAKTHROUGH
Earnie Larsen
Recovery, AC
Patterns-Family of Origin / Understanding Your Role, Tape 2
BREAKTHROUGH
Earnie Larsen
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How Imprinting Works / Affirmations, Tape 3
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Earnie Larsen
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Behavior / Feelings, Tape 4
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Recovery, AC

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BREAKTHROUGH
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Earnie Larsen
Recovery, AC

Understanding the Adult Child Syndrome,
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ADULT CHILDREN OF ALCOHOLICS AND THOSE WHO LOVE THEM
Earnie Larsen
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Understanding Family of Origin, Tape 2

ADULT CHILDREN OF ALCOHOLICS AND THOSE WHO LOVE THEM
Earnie Larsen
Co-Alcoholism/Adult Children, AC

Understanding Recovery and Feelings, Tape 3
ADULT CHILDREN OF ALCOHOLICS AND THOSE WHO LOVE THEM
Earnie Larsen
Co-Alcoholism/Adult Children, AC

Understanding Adult Children in Relationships, Tape 4
ADULT CHILDREN OF ALCOHOLICS AND THOSE WHO LOVE THEM
Earnie Larsen
Co-Alcoholism/Adult Children, AC

Understanding Decision Making, Tape 5
ADULT CHILDREN OF ALCOHOLICS AND THOSE WHO LOVE THEM
Earnie Larsen
Co-Alcoholism/Adult Children, AC

Achieving Recovery, Tape 6
ADULT CHILDREN OF ALCOHOLICS AND THOSE WHO LOVE THEM
Earnie Larsen
Co-Alcoholism/Adult Children, AC

The Basics: No Nonsense Facts About Relationships, Tape 1
BUILDING HEALTHY RELATIONSHIPS
Earnie Larsen
Relationships, AC

Let It Begin With Me, Tape 2
BUILDING HEALTHY RELATIONSHIPS
Earnie Larsen
Relationships, AC

Understanding Your Partner, Tape 3
BUILDING HEALTHY RELATIONSHIPS
Earnie Larsen
Relationships, AC

Connecting: Basics of Communications and Communications Techniques, Tape 4
BUILDING HEALTHY RELATIONSHIPS
Earnie Larsen
Relationships, AC

Fighting Fair: Conflict Resolution, Tape 5
How to Overcome Depression
Earnie Larsen
Recovery, AC

Self-Esteem, Straight Talk and Anger, Tape 6
BUILDING HEALTHY RELATIONSHIPS
Earnie Larsen
Relationships, AC

Guided Meditations
Earnie Larsen
Meditation, AC

How to Overcome Depression
Earnie Larsen
Recovery, AC

Men and Their Feelings
Earnie Larsen
Recovery AC

Unresolved Anger
Earnie Larsen
Recovery/Anger, AC

Definition of Recovering Catholic
RECOVERING CATHOLICS, Tape 1
Earnie Larsen
Recovery/Spirituality, AC
Separating the Concepts of Religion, God and Spirituality
RECOVERING CATHOLICS, Tape 2
Earnie Larsen
Recovery/Spirituality, AC

The Role of Religion in Healthy Spirituality
RECOVERING CATHOLICS, Tape 3
Earnie Larsen
Recovery/Spirituality, AC

Dealing with Feelings...Exercises to Determine Who God is to You
RECOVERING CATHOLICS, Tape 4
Earnie Larsen
Recovery/Spirituality, AC

Developng a Program for Positive Spirituality
RECOVERING CATHOLICS, Tape 5
Earnie Larsen
Recovery/Spirituality, AC

Guided Meditations
RECOVERING CATHOLICS, Tape 6
Earnie Larsen
Recovery/Spirituality, AC

Disease Concept, Tape 1
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Psychological History, Tape 2
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Personality Profile, Tape 3
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Accepting Powerlessness, Tape 4
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Fear of Success, Tape 5
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Resisting Recovery, Tape 6
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Assertiveness Training, Tape 7
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Family Dynamics, Tape 8
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Co-ism, Tape 9
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Transferring Obsessions, Tape 10
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Relating to Relapse, Tape 11
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Gentle Eating, Tape 12
HOPE FOR COMPULSIVE EATERS
Judi Hollis
Eating Disorders/ Compulsive Eating AC

Embracing Butterflies - Reflections on Living and the End-Of-Live Experience
SUNMARK PRODUCTIONS
Death and Dying, Grief & Bereavement, DVD

The Physical Causes of Mental Ill
National Institute of Mental Health
Mental Health, ½" VHS, 16:57 minutes

Dark Glasses & Kaleidoscopes – Living with Manic Depression
National Depressive and Manic-Depressive Association

Mental Health/Bi-Polar, ½" VHS, 33 minutes

Negative Symptoms in Schizophrenia
UNIVERSITY OF IOWA HOSPITALS AND CLINICS / Dr. Nancy Andreasen
Mental Health/Schizophrenia, ½" VHS & DVD

Recognition & Intervention – Serious Mental Illness
ADVOCACY SERIES – Janssen & (NAMI)
Mental Illness/Recognition, ½" VHS, 30 minutes

Cutting Edge Medical Report
NARSAD
Mental Health/Research, ½" VHS, 30:00 minutes
Shadow Across America – A Special Report on Depression at Work
LINK- Signs and Symptoms of Depression at Work
Mental Health/Depression, ½" VHS, 19:48 minutes

Nobody Knows – The Church and Depression
SERAPHIM COMMUNICATIONS
Mental Health/Depression, ½" VHS, 19:48 minutes

"To Fly Again" Lyle Prouse Story
ABC Nightline: September 18, 1998
Recovery, ½" VHS, x minutes

"Redemption" Lyle Prouse
Life 360 PBS
Recovery, ½" VHS, x minutes

The Retreat at Upland Farm
An Accessible, Affordable Retreat Model 12-Step Recovery Program
Recovery/Retreat Model, 12" VHS

What Do We Do Now?
FINDING YOUR WAY – Families and the Cancer Experience
Cancer/Family Support, ½" VHS, 20 minutes

Let's Talk About It
FINDING YOUR WAY – Families and the Cancer Experience
Cancer/Family Support, ½" VHS, 19 minutes

Healing Oneself
FINDING YOUR WAY – Families and the Cancer Experience
Cancer/Family Support, ½" VHS, 20 minutes

The New Normal
FINDING YOUR WAY – Families and the Cancer Experience
Cancer/Family Support, ½" VHS, 22 minutes

Making Decisions
FINDING YOUR WAY – Families and the Cancer Experience
Cancer/Family Support, ½" VHS, 17 minutes

The First 12 Months, Tape 1
PARENTING TODAY
Parenting, ½" VHS, 40 minutes

12 Months to 3 Years, Tape 2
PARENTING TODAY
Parenting, ½" VHS, 40 minutes

The Preschooler: 3 to 5 Years, Tape 3
PARENTING TODAY
Parenting, ½" VHS, 40 minutes

The Middle Childhood Years: 6 Through 10,
Tape 4
PARENTING TODAY
Parenting, ½" VHS, 40 minutes

The Adolescent Years: 11 Through 15, Tape 5
PARENTING TODAY
Parenting, ½" VHS, 40 minutes

Building Blocks
IT TAKES MORE THAN LOVE
Parenting, ½" VHS, 20 minutes

Now You're Talking!
Parents and Kids Talk Straight About Alcohol and Other Drugs
Parenting/Drug & Alcohol Education, ½" VHS

The Overwhelming Love of God
SERAPHIM COMMUNICATINOS
Brennan Manning
Spirituality, AC, 39:00 minutes

Healing our Image of God
SERAPHIM COMMUNICATINOS
Brennan Manning
Spirituality, AC, 39:00 minutes

Word Alive! A Video Bible/Faith Study
"Learning, Loving and Living the Christian Faith in the Context of Modern Culture"
Video Sessions 1-5
Faith/Christian ½" VHS

Word Alive! A Video Bible/Faith Study
"Learning, Loving and Living the Christian Faith in the Context of Modern Culture"
Video Sessions 6-10
Faith/Christian ½" VHS

Between Two Altars, Tape 1
1. Mind: Conformed or Transform? 2. Body: Idol or Temple? 3. Work: Calling or Curse?
Faith/Christian ½" VHS

Between Two Altars, Tape 2
4. Wealth: Blessing or Barrier? 5. Neighbor: Stranger or Friend? 6. Technology: Servant or Master?
Faith/Christian ½" VHS

Faith at Ground Zero
FRONTLINE: PBS

Faith/September 11th, ½" VHS
And Thou Shalt Honor
PBS
Care of Elderly, ½" VHS

Faith at Ground Zero
FRONTLINE:
September 11th/Faith, ½" VHS

Suicide and Law Enforcement
BEHAVIORAL SCIENCE UNIT – FBI ACADEMY
Donald C. Sheehan and Janet I. Warren
Suicide, CD-Rom

We're # 1, Program One
MEDIA SERVICES/SERAPHIM
Spiritual Growth, ¾ U-matic, 28:40 minutes

We're # 1, Self Identity
MEDIA SERVICES/SERAPHIM
Spiritual Growth, ¾ U-matic, 28:30 minutes

We're # 1, Racial Relationships
MEDIA SERVICES/SERAPHIM
Spiritual Growth, ¾ U-matic, 28:30 minutes

We're # 1, Enough or Too Much
MEDIA SERVICES/SERAPHIM
Spiritual Growth, ¾ U-matic, 28:30 minutes

We're # 1, There's More to Me Than What You See
MEDIA SERVICES/SERAPHIM
Spiritual Growth, ¾ U-matic, 28:24 minutes

Snowstorm in the Jungle –Cousteau/Amazon
TURNER EDUCATIONAL – RAIN TREE
Chemical Dependency/Cocaine, 12" VHS, 60 minutes

Beyond Crack Street
KARE 11 – Gannett
Chemical Dependency/Crack, ½" VHS, 49 minutes

Skyway to Heaven – Airport Chapels
ABC NEWS 20/20, Hugh Downs and Barbara Walters
Airport Chaplaincies, ½" VHS, 20 minutes

The Face of hunger in America
MEDIA SERVICES/SERAPHIM
Hunger, ½" VHS, 30 minutes

Zacchaeus 3-5-1, Zacchaeus Bible Study
MEDIA SERVICES/SERAPHIM
Biblical Studies, ½" VHS, 22:10 and 824 minutes

Dreamwork and Spiritual Growth

PAULIST PRESS
Dreams, 12" VHS, 37 minutes

At the Lord's Table
AUGSBURG
Sacraments/Eucharist, ½" VHS, 30 minutes

Baptized into the Family
AUGSBURG
Sacraments/Eucharist, ½" VHS, 30 minutes

Baptism,
AUGSBURG
Sacraments/Eucharist, ½" VHS, 30 minutes

The Spirituality of Marriage and Family
Henri J. M. Nouwen
Spirituality/Marriage, AC

The Christ Memory in our Lives
Henri J. M. Nouwen
Spirituality, AC

The Spirituality of Waiting
Henri J. M. Nouwen
Spirituality, AC

Who are we?
Henri J. M. Nouwen
Spirituality, AC

Helicopters, Drill Sergeants, and Consultants
Jim Fay
Parenting, AC

Four Steps to Responsibility—Techniques to Lead Children to Responsible Decision Making
Jim Fay
Parenting, AC

Aging—A way to Darkness, A way to Light
Henri J. M. Nouwen
Aging, AC

Aging and Ministry
Henri J. M. Nouwen
Aging, AC

Through the Eyes of Christ
Dr. John Branter
Spirituality, AC

1 Corinthians, Tape 1
Richard Struass
Biblical Studies, 1 Corinthinians, AC

1 Corinthians, Tape 2

Richard Struass
Biblical Studies, 1 Corinthinians, AC

1 Corinthians, Tape 3
Richard Struass
Biblical Studies, 1 Corinthinians, AC

Johns' Good News Journal, Tape 1
Daniel Durken
Biblical Studies, Gospel of John, AC

Johns' Good News Journal, Tape 2
Daniel Durken
Biblical Studies, Gospel of John, AC

Johns' Good News Journal, Tape 3
Daniel Durken
Biblical Studies, Gospel of John, AC

Johns' Good News Journal, Tape 4
Daniel Durken
Biblical Studies, Gospel of John, AC

Johns' Good News Journal, Tape 5
Daniel Durken
Biblical Studies, Gospel of John, AC

The Lukan Life Settting
BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES
Robert J. Karris
Biblical Studies/Luke-Acts, AC

Luke's Soterology of With-Ness
BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES
Robert J. Karris
Biblical Studies/Luke-Acts, AC

Luke's Passion Account
BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES
Robert J. Karris
Biblical Studies/Luke-Acts, AC

Paul and Acts of the Apostles
BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES
Robert J. Karris
Biblical Studies/Luke-Acts, AC

The Birth of the Son of God
BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES
Eugene A. LaVerdiere
Biblical Studies/Luke-Acts, AC

Jesus the Reconciler
BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES
Eugene A. LaVerdiere

Biblical Studies/Luke-Acts, AC

The Economic Policy of the Early Jerusalem
Community

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES

Eugene A. LaVerdiere

Biblical Studies/Luke-Acts, AC

The Prophetic Challenges of Jesus in the Meal Narrative

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-LUKE AND ACTS OF THE APOSTLES

Eugene A. LaVerdiere

Biblical Studies/Luke-Acts, AC

Matthew: The Infant Narrative

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

John P. Meier

Biblical Studies/Matthew, AC

Matthew: the Beatitudes

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

John P. Meier

Biblical Studies/Matthew, AC

Matthew: The Question of Divorce

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

John P. Meier

Biblical Studies/Matthew, AC

Matthew: The Death and Resurrection of Jesus

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

John P. Meier

Biblical Studies/Matthew, AC

Matthew: The Figure of Jesus

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

Jack Dean Kingsbury

Biblical Studies/Matthew, AC

Matthew: The Opponents of Jesus

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

Jack Dean Kingsbury

Biblical Studies/Matthew, AC

Matthew: The Disciples of Jesus

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO
VIEWS

Jack Dean Kingsbury

Biblical Studies/Matthew, AC

Matthew: The Cross of Jesus

BUFFALO BIBLICAL CASSETTE COMMENTAIRES-THE GOSPEL OF MATTHEW – TWO

VIEWS

Jack Dean Kingsbury
Biblical Studies/Matthew, AC

Studying the Synoptic Gospels: Method, Questions, and Reason
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
PHEME PERKINS,
Biblical Studies/The Synoptic Gospels, AC

Mark: Suffering, the Christian Enigma
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
PHEME PERKINS,
Biblical Studies/The Synoptic Gospels, AC

Luke: The "Order" in Salvation History
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
PHEME PERKINS,
Biblical Studies/The Synoptic Gospels, AC

Luke: Jesus and Woman
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
PHEME PERKINS,
Biblical Studies/The Synoptic Gospels, AC

Praying with the Synoptic Gospels: Case and Method
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
WILLIAM THOMPSON,
Biblical Studies/The Synoptic Gospels, AC

Mark: Jesus on the Kingdom—Cosmic Struggle
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
WILLIAM THOMPSON,
Biblical Studies/The Synoptic Gospels, AC

Matthew: Coping with Confusion
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
WILLIAM THOMPSON,
Biblical Studies/The Synoptic Gospels, AC

Matthew: Jesus Against the Pharisees
BUFFALO BIBLICAL CASSETTE COMMENTARIES-THE SYNOPTIC GOSPELS
WILLIAM THOMPSON,
Biblical Studies/The Synoptic Gospels, AC

A Look at Luke: An Introduction/Themes of Luke: Poverty, Tape 1
A LOOK AT LUKE
DANIEL DURKEN and PATRICIA OPATZ
Biblical Studies/Gospel of Luke, AC

Luke's Infancy Narrative/Themes of Luke: The Banquet, Tape 2
A LOOK AT LUKE
DANIEL DURKEN and PATRICIA OPATZ

Biblical Studies/Gospel of Luke, AC

Jesus' Galilean Ministry/Themes of Luke:

Prayer, Tape 3

A LOOK AT LUKE

Daniel Durken and Patricia Opatz

Biblical Studies/Gospel of Luke, AC

Jesus' Journey to Jerusalem/Themes of Luke: Holy Spirit, Tape 4

A LOOK AT LUKE

Daniel Durken and Patricia Opatz

Biblical Studies/Gospel of Luke, AC

Jesus in Jerusalem/Themes of Luke: Joy, Tape 5

A LOOK AT LUKE

Daniel Durken and Patricia Opatz

Biblical Studies/Gospel of Luke, AC

Epistle to the Galatians and Romans/Philippians,
TOWARD UNDERSTANDING THE NEW TESTAMENT

Biblical Studies, AC

History of Northern Ireland and Problems Political and Religious

22ND CIVIL AVIATION CHAPLAINS' CONFERENCE-DUBLIN

Bishop Dermont O'Mahony

Ireland, AC

History of Emigration from Ireland

22ND CIVIL AVIATION CHAPLAINS' CONFERENCE-DUBLIN

Collin O'Broin

Ireland, AC

Employee Assistance Programme—as Operated in Dublin Airport (Aer Lingus)

22ND CIVIL AVIATION CHAPLAINS' CONFERENCE-DUBLIN

Joe Gunning

EAP/Airline, AC

Chaplain's Response to Crash at an Airport

22ND CIVIL AVIATION CHAPLAINS' CONFERENCE-DUBLIN

Chaplain Luke Miranda, DFW

Emergency Response, AC

Airport Migrant and Refugee Issues

22ND CIVIL AVIATION CHAPLAINS' CONFERENCE-DUBLIN

Frans Bouwen

Refugees/Immigration, AC

The Family Assistance Program

1998 CIVIL AVIATION CHAPLAINS' CONFERENCE-NEW YORK

Sharon W. Bryson-NTSB Family Affairs Specialist

Emergency Response, Family Support, AC

The Red Cross Emergency Response

1998 CIVIL AVIATION CHAPLAINS' CONFERENCE-NEW YORK

Paul Ofman, Red Cross, National Aviation Incident Response Team

Emergency Response, Red Cross, AC

An International Airline Emergency Response
1998 CIVIL AVIATION CHAPLAINS' CONFERENCE-NEW YORK
George Kearns
Emergency Response/Airline, AC

Critical Incident Stress Management
1998 CIVIL AVIATION CHAPLAINS' CONFERENCE-NEW YORK
Doug Mitchell
Emergency Response/CISM, AC

Dealing with the Aftermath of Disaster
1997 INTERNATIONAL CRITICAL INCIDENT
STRESS FOUNDATION CONFERENCE
Tape 56

TWA Flight 800
1997 INTERNATIONAL CRITICAL INCIDENT
STRESS FOUNDATION CONFERENCE
Tape 34

Comprehensive Stress Management
1997 INTERNATIONAL CRITICAL INCIDENT
STRESS FOUNDATION CONFERENCE
Tape 39

Understanding Grief and Trauma
1997 INTERNATIONAL CRITICAL INCIDENT
STRESS FOUNDATION CONFERENCE
Tape 57

Making Room for Freedom: Liberating the Affluent, Tape 1
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

At Home in the Wrong House: Living with God or Mammon, Tape 2
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

Yes! To God: Traveling Through Self to Acceptance, Tape 3
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

Silence and Willing Service: Delving into Mystery, Tape 4
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

What Is the God Life? Breaking Out of the Consumer Trap, Tape 5
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

Beyond Our Cultural Biases: Siding with the Cosmic Christ, Tape 6
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

Leaving Security Behind: Finding a New Center,
Tape 7
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

Surrendering: Giving Everything We Are, Tape 8
LETTING GO; A SPIRITUALITY OF SUBTRACTION
Rev. Richard Rohr
Spirituality, AC

A Day with M. Scott Peck
ALFRED ADLER LECTURE
M. Scott Peck, AC

Jesus the Peasant
CALL TO ACTION CONFERENCE 1993
John Dominic Crossan
Spirituality, AC

Spirit, Soul and Society
CALL TO ACTION CONFERENCE 1993
Richard Rohr
Spirituality, AC

Ecofeminism-What Can Christianity Learn?
CALL TO ACTION CONFERENCE 1993
Rosemary Ruether
Spirituality, AC

Leadership, Authority and Small Faith Communities
CALL TO ACTION CONFERENCE 1993
Dick Wesley
Spirituality, AC

Moving Beyond Anger and Confusion
CALL TO ACTION CONFERENCE 1993
James Yellowbank
Spirituality, AC

The Spirit of Re-Imagining, Tapes 1 & 2
RE-IMAGINING CONFERENCE 1993
Mary Bedarowski/Bernice Johson Reagon
Spirituality, AC

Re-Imagining God, Tape 1 & 2
RE-IMAGINING CONFERENCE 1993
Hyan-Kyung Chang/Rita Nakishaima Brock
Spirituality, AC

Re-Imagining Church as Spiritual Institution, Tapes 1 & 2
RE-IMAGINING CONFERENCE 1993
Ada Maria Isasi-Diaz/Joan Martin/ Violet Al Raheb
Spirituality, AC

Re-Imagining Community, Tapes 1 & 2
RE-IMAGINING CONFERENCE 1993
Lois Wilson/Mercy Oduyoye
Spirituality, AC

Re-Imagining the Ritual of Sunday Proclamation, Tape 1 & 2
RE-IMAGINING CONFERENCE 1993
Christine Smith
Spirituality, AC

The Overwhelming Love of God
SERAPHIM COMMUNICATIONS
Brennan Manning
Spirituality, ½ " VHS

Healing Your Image of God
SERAPHIM COMMUNICATIONS
Brennan Manning
Spirituality, ½ " VHS

Word Alive!
SERAPHIM COMMUNICATIONS
Earl E. Palmer/Katheryn Pfiserer Darr/Cain Hope Felder/Donald H. Juel/Robert J. Stamps/Martin
E. Marty/Alister McGrath/Raymond J. Bakke/Eddie Gibbs/Tony Campolo
Spirituality, ½ " VHS (2 tapes)

A Rediscovery of Celtic Wisdom
Matthew Fox
Spirituality, AC

Cabinets
HOMETIME VIDEO INSTRUCTION
Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Drywall
HOMETIME VIDEO INSTRUCTION
Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Vinyl Flooring
HOMETIME VIDEO INSTRUCTION
Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Kitchens
HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Framing

HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Plumbing

HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Bathrooms

HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Window and Doors

HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Roofing

HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Electrical

HOMETIME VIDEO INSTRUCTION

Volunteer Instruction for Brighter Neighborhood and Habitat for Humanity, ½" VHS

Chemistry of the Brain-New Medications (1996)

MINNESOTA BIO-BRAIN ASSOCIATION

Dr. Abuzzahab

Mental Health-Pharmacology, AC

Understanding Schizophrenia: Symptoms and Treatment (1997)

MINNESOTA BIO-BRAIN ASSOCIATION

Dr. Rittberg

Mental Health-Schizophrenia, AC

Secrets of the Mind; The Forgetting: A Portrait of Alzheimer's; Alzheimer's in Minnesota: Help & Hope (3 programs)

NOVA; PBS

Mental Health: Dementia/Alzheimer's, ½ VHS, 90 minutes

How Anti-depressants Work in the Brain: with Dr. Pastor Colon

TELECATION

Mental Health-Depression, ½ VHS, 90 minutes

Common Myths About Grief, Tape 1A; Unique Factors Influencing Grief Response, Tape 1B

DEATH, GRIEF AND MOURNING: with Dr. Alan Wolfelt, CENTER FOR LOSS & LIFE

TRANSITION

Grief and Bereavement, AC & CD

Assisting the Bereaved: A Comprehensive Overview of the Grief Experience, Tape 2A & 2B

DEATH, GRIEF AND MOURNING: with Dr. Alan Wolfelt, CENTER FOR LOSS & LIFE

TRANSITION

Grief and Bereavement, AC & CD

Assisting the Bereaved: A Comprehensive Overview of the Grief Experience, (continued 3A)

Reconciliation Needs of Mourning, Tape 3B

DEATH, GRIEF AND MOURNING: with Dr. Alan Wolfelt, CENTER FOR LOSS & LIFE
TRANSITION
Grief and Bereavement, AC & CD

Essential Characteristics and Helping Tasks of the Caregiver, Tape 4A; Understanding Common
Patterns of Avoiding Grief and Complicated Mourning, Tape 4B
DEATH, GRIEF AND MOURNING: with Dr. Alan Wolfelt, CENTER FOR LOSS & LIFE
TRANSITION
Grief and Bereavement, AC & CD

Helpful Information for the General Public, Tape 5
DEATH, GRIEF AND MOURNING: with Dr. Alan Wolfelt, CENTER FOR LOSS & LIFE
TRANSITION
Grief and Bereavement, AC & CD

Men's Grief: A Naturally Complicate Experience, Tape 6A; What Bereaved Children Want Adults
to Know About Grief, Tape 6B
DEATH, GRIEF AND MOURNING: with Dr. Alan Wolfelt, CENTER FOR LOSS & LIFE
TRANSITION
Grief and Bereavement, AC & CD

Trauma Care and Spirituality: An Introduction to Trauma Pastoral Care
INSTITUTE FOR THE STUDY OF SPIRITUALITY AND TRAUMA
Rev. Dr. Robert Parlotz
Trauma, CISM, CD-rom

Peer Assistance Training
HUMANITAS, INC.
Rev. Brian Murray
Peer Assistance Training, CD-rom

Pilot Assistance
HUMANITAS, INC.
Rev. Brian Murray
Pilot Assistance, CD-rom

Let's Play with the Rebuilding Blocks, CD 1
IMPACT PUBLISHERS
Dr. Bruce Fisher
Divorce, Relationship, AC & CD

Let's Play with the Rebuilding Blocks, CD 2
IMPACT PUBLISHERS
Dr. Bruce Fisher
Divorce, Relationship, AC & CD

T. A for Lovers, CD 1
IMPACT PUBLISHERS
Dr. Bruce Fisher
Divorce, Relationship, AC & CD

T. A for Lovers, CD 2
IMPACT PUBLISHERS
Dr. Bruce Fisher
Divorce, Relationship, AC & CD

Maybe You're Not So Worthless After All, CD 1
IMPACT PUBLISHERS
Dr. Bruce Fisher
Divorce, Relationship, AC & CD

Maybe You're Not So Worthless After All, CD 2
IMPACT PUBLISHERS
Dr. Bruce Fisher
Divorce, Relationship, AC & CD

Your Mask Keeps Me Away; Relationships, CD 1
IMPACT PUBLISHERS
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Disk 10: (19) The Rise of Early Christian Orthodoxy, (20) Beginnings of the Canon, CD

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Disk 11: (21) Formation of the New Testament Canon, (22) Interpretation of Scripture, CD

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*Disk 12: (23) Orthodox Corruption of Scripture,
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Disk 2: (7) Vehicles to Nirvana—The Schools of Buddhism, (8) Chinese Religion and Cosmology, (9) Confucianism—Rituals and Relationships, (10) Daoism—Harmony, Nature, and the Way, (11) Kami and Spirits—Shinto and Shamanism, (12) East Asian Buddhism—Zen and Pure Land, DVD

Cultural Literacy for Religion: Everything the Well-Educated Person Should Know
The Teaching Company-Great Courses

Mark Berkson

Disk 3: (13) Judaism—God, Torah, and Covenant, (14) Varieties of Jewish Thought and Practice, (15) Living a Jewish Life, (16) The Life and Commemoration of Jesus, (17) Catholic and Orthodox Christianity, (18) Protestantism and Christianity Today, DVD

Cultural Literacy for Religion: Everything the Well-Educated Person Should Know
The Teaching Company-Great Courses

Mark Berkson

Disk 4: (19) Muhammad, Qur'an, and Islamic Civilization, (20) Unity in Islam—The Five Pillars, (21) Forms of Islam—Diversity among Muslims, (22) Jains, Sikhs, and Baha'is, (23) Religion and Law in America, (24) Religion Today—Trends, Challenges, and Hope, DVD

Physiology and Fitness

Dean Hodgkin

The Teaching Company-Great Courses

Disk 1: (1) Components of Fitness, (2) How Fit Are You? (3) Overcome the Barriers to Exercise, (4) our Heart in Action, (5) The Fitness of Breathing, (6) You Can Reduce Stress, DVD

Physiology and Fitness

Dean Hodgkin

The Teaching Company-Great Courses

Disk 2: (7) Fitness and Pregnancy, (8) Refuel, Recover, and Reenergize, (9) Thinking—The Brain-Body Connection, (10) Healthy Joints for Life, (11) Protecting Yourself from Injury, (12) The Amazing Benefits of Balance, DVD

Physiology and Fitness

Dean Hodgkin

The Teaching Company-Great Courses

Disk 3: (13) Fueling Fitness, (14) Why Everyone Should Exercise in Water, (15) The Secret Life of Muscles, (16) Strong to the Bone, (17) Getting Your Back on Track, (18) 21st Century Yoga, DVD

Physiology and Fitness

Dean Hodgkin

The Teaching Company-Great Courses

Disk 4: (19) Walk Your Way to Fitness, (20) The Amazing Benefits of Stretching, (21) Stay Active—Defy the Aging Process, (22) Sitting Disease, (23) Exercise for Weight Loss, (24) Mobilizers and Stabilizers—Managing Your Abs, DVD

Physiology and Fitness

Dean Hodgkin

The Teaching Company-Great Courses

Disk 5: (25) Body Weight Workout, (26) Medicine Ball Workout, (27) Step and Interval Workout, (28) Dumbbell Workout, (29) Combat Workout, (30) Fitness Ball Workout, DVD

Physiology and Fitness

Dean Hodgkin

The Teaching Company-Great Courses

Disk 6: (31) Balance Board Workout, (32) Kettlebell Workout, (33) Plyometrics Workout, (34) Resistance Band Workout, (35) Training Bar Workout, (36) Stretching Routine, DVD

Pleasure Unwoven

Institute for Addiction Study

Dr. Kevin McCauley, DVD

Pleasure Unwoven

Institute for Addiction Study

Dr. Kevin McCauley, Study Guide

Mind-Body Medicine: The New Science of Optimal Health

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 1: (1) Weaving the Biopsychosocial Braid, (2) Vital Signs—Defining Health and Illness, (3) Fight or Flight vs. Rest and Digest, (4) Simmering Soup—The Neuroendocrine, (5) Deploying the Troops—Basic Immunology, (6) Nature vs. Nurture—Genes, Health, and Disease, DVD & CD

Mind-Body Medicine: The New Science of Optimal Health

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 2: (7) Forget Me Not—Cognitive Function, (8) Mind over Matter—Cognition in Everyday Life, (9) Emotions Revealed—Psychology of Emotions, (10) Agony and Ecstasy—Biology of Emotion, (11) What's Your EQ, and How Can You Improve it? (12) What's Your Type? Personality and Health, DVD & CD

Mind-Body Medicine: The New Science of Optimal Health

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 3: (13) An Apple a Day—Behavior and Disease Prevention, (14) Staying on the Wagon—Making Changes That Last, (15) Ease the Burn—Modern-Day Stress and Coping (16) The Iceberg—Visible and Hidden Identity, (17) Ties That Bind—Relationships and Health, (18) Building Bridges—Intimacy and Relationships, DVD & CD

Mind-Body Medicine: The New Science of Optimal Health

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 4: (19) Touched by Grace—Spirituality and Health, (20) A Matter of Class-Socioeconomics and Health, (21) A cog in the Wheel—Occupational Stress, (22) The Power of Place—Communities and Health, (23) The Master Plan—Public Health and Policy, (24) Heart and Soul—Cardiovascular Disease I, DVD & CD

Mind-Body Medicine: The New Science of Optimal Health

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 5: (25) Heart and Soul—Cardiovascular Disease II, (26) The Big C—Cancer and Mind-Body Medicine, (27) Bugs, Drugs, and Buddha—Psychoneuroimmunology, (28) Fire in the Belly—The GI System, (29) Obesity—America's New Epidemic, (30) The Strain in Pain Lies Mainly in the Brain, DVD & CD

Mind-Body Medicine: The New Science of Optimal Health

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 6: (31) Catching Your Zs—Sleep and Health, (32) Chasing Zebras—Somatoform Disorders,

(33) Seeing the Glass Half Empty—Depression, (34) Silencing the Scream—Understanding Anxiety, (35) Lingerin g Wounds—Trauma, Resilience, Growth, (36) Tomorrow's Biopsychosocial Medicine, DVD & n CD

Practicing Mindfulness: An Introduction to Meditation

Mark W. Muesse

The Teaching Company-Great Courses

Disk 1: (1) Mindlessness—The Default Setting, (20) Mindfulness—The Power of Awareness, (3) Expectations—Relinquishing Preconceptions, (4) Preparation—Taking Moral Inventory, (5) Position—Where to Be for Meditation, (6) Breathing—Finding a Focus for Attention, DVD

Practicing Mindfulness: An Introduction to Meditation

Mark W. Muesse

The Teaching Company-Great Courses

Disk 2: (7) Problems—Stepping-Stones to Mindfulness, (8) Body—Attending to Our Physical Natures, (9) Mind—Working with Thoughts, (10) Walking—Mindfulness While Moving, (11) Consuming—Watching What You Eat, (12) Driving—Staying Awake at the Wheel, DVD

Practicing Mindfulness: An Introduction to Meditation

Mark W. Muesse

The Teaching Company-Great Courses

Disk 3: (13) Insight—Clearing the Mind, (14) Wisdom—Seeing the World as It is, (15) Compassion—Expressing Fundamental Kindness, (16) Imperfection—Embracing Our Flaws, (17) Wishing—May All Beings Be Well and Happy, (18) Generosity—The Joy of Giving, DVD

Practicing Mindfulness: An Introduction to Meditation

Mark W. Muesse

The Teaching Company-Great Courses

Disk 4: (19) Speech—Training the Tongue, (20) Anger—Cooling the Fires of Irritation, (21) Pain—Embracing Physical Discomfort, (22) Grief—Learning to Accept Loss, (23) Finitude—Living in the Face of Death, (24) Life—Putting It All in Perspective, DVD

The Science of Mindfulness: A Research-Based Path to Well-Being

Ronald D. Siegel

Disk 1: (1) Why Mindfulness Matters, (2) Our Troublesome Brains, (3) Informal, Formal, and Intensive Practices, (4)

Who Am I? The Perils of Self, (5) Mindfulness or Psychotherapy? (6) Attention and Empathy in Relationship, DVD

The Science of Mindfulness: A Research-Based Path to Well-Being

Ronald D. Siegel

Disk 2: (7) The Science of Compassion and Self-Compassion, (8) Tailoring Practices to Fit Changing Needs, (9) Modifying Our Brain Function and Structure, (10) Solitude—An Antidote to Loneliness, (11) Connecting with Children and Adolescents, (12) Seeing Sadness and Depression in a New Light, DVD

The Science of Mindfulness: A Research-Based Path to Well-Being

Ronald D. Siegel

Disk 3: (13) Befriending Fear, Worry, and Anxiety, (14) Transforming Chronic Pain, (15) Placebos, Illness, and the Power of Belief, (16) Interrupting Addiction and Troublesome Habits, (18) Groundbreaking Mindfulness Programs, DVD

The Science of Mindfulness: A Research-Based Path to Well-Being

Ronald D. Siegel

Disk 4: (19) The Neurobiology of Self-Preoccupation, (20) Growing Up Isn't Easy—Facing Impermanence, (21) Toward a Science of Wisdom, (22) The Promise of Enlightenment, (24) Mindful Ethics as a Path to Freedom, (24) The New Science of Happiness, DVD

The Science of Mindfulness: A Research-Based Path to Well-Being

Ronald D. Siegel

Bonus Disk: Breath Awareness Practice, Loving-kindness Practice, Mount Meditation, Breathing Together, Stepping into Fear DVD

The Addictive Brain

Thad A. Polk

The Teaching Company-Great Courses

Disk 1: (1) Addiction 101, (2) The Psychology and Neuroscience of Reward, (3) How Addiction Hijacks the Brain, (4) Genetics—Born to be an Addict? (5) Your Brain on Drugs, (6) Why We Crave Coffee and Cigarettes, DVD

The Addictive Brain

Thad A. Polk

The Teaching Company-Great Courses

Disk 2: (7) Alcohol—Social Lubricant or Drug of Abuse? (8) The Science of Marijuana, (9) Stimulants—From cocaine to Ritalin, (10) The Science of Poppies, Pleasure, and Pain, (11) The Gambler's Brain, (12) Junk Food, Porn, Video Games—Addictions? DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 1: (1) Understanding the Christian Bible: An Overview, (2) The Pentateuch: Genesis 1-11, (3) Genesis 1-11, continued. DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 2: (4) Genesis 12-25: Abraham and Sarah, (5) Genesis 25-50: Jacob and His Sons, (6) Exodus 1-19: Exodus as Liberation, DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 3: (7) Exodus 20-40: Exodus as Formation, (8) Deuteronomy: Journey to the Promised Land, (9) The Deuteronomistic History: The Book of Joshua to the Book of Kings, DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 4: (10) The First Book of Samuel: The Rise of Kingship, (11) The Second Book of Samuel: David and His Family, (12) 1 & 2 Kings: Israel, Judah, and the Exile, DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 5: (13) Wisdom Literature: Proverbs and Qoheleth, (14) Ancient Near Eastern Prose Literature and Job, (15) Sirach and the Book of Wisdom, DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 6: (16) The Psalms: Inspired Prayer, (17) The Psalms: Favorite Psalms, (18) The Prophets: The Book of Isaiah 1-39, DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 7: (29) The Book of Isaiah 1-39 and 40-66, (20) The Book of Isaiah 40-66, (21) The Prophet Jeremiah, DVD

Enjoying the Old Testament

Richard J. Clifford

Now you Know Media

Disk 8: (22) The Prophet Ezekiel, (23) The rise of an Apocalyptic Worldview: The Book of Daniel, (24) How the Old Testament Shaped the four Gospels, DVD

Treasure in Earthen Vessels St. Paul's Spirituality

Ronald D. Witherup

Now You Know Media

Disk 1: (1) What is Spirituality? The Life of the Spirit, (2) Paul the Apostle: Essential Background, (3) The Roots of Paul's Spirituality: Relationship with Christ, DVD

Treasure in Earthen Vessels St. Paul's Spirituality

Ronald D. Witherup

Now You Know Media

Disk 2: (4) In Touch with Mystery: The Trinity, (5) The Power of Prayer, (6) The Word of God in the Spiritual life, DVD+

Treasure in Earthen Vessels St. Paul's Spirituality

Ronald D. Witherup

Now You Know Media

Disk 3: (7) Sacramental Spirituality, (8) Suffering and the Cross, (9) Hope and the Resurrection, DVD

Treasure in Earthen Vessels St. Paul's Spirituality

Ronald D. Witherup

Now You Know Media

Disk 4: (10) Paul, the First Christian Mystic? (11) The Spirituality of Ethics, (12) Using Paul's Letters for Prayer, DVD

The Spiritual Brain: Science and Religious Experience

Andrew Newberg

The Teaching Company-Great Courses

Disk 1: (1) A New Perspective on Ancient Question, (2) Why Do We Have a Spiritual Brain? (3) Brain Function and Religion, (4) How Does Science Study Religion? (5) Believers and Atheists, (6) Spiritual Development, DVD

The Spiritual Brain: Science and Religious Experience

Andrew Newberg

The Teaching Company-Great Courses

Disk 2: (7) The Myth-Making Brain, (8) The Brain and Religious Rituals, (9) The Biology of Spiritual Practices, (10) Religion and Health, (11) Religion and Mental Health, (12) Religion and Brain Dysfunction, DVD

The Spiritual Brain: Science and Religious Experience

Andrew Newberg

The Teaching Company-Great Courses

Disk 3: (13) Transmitters to God, (14) Stimulated States and Religious Experiences, (15) Near-Death Experiences and the Brain, (16) The Believing Brain, (17) The Brains' Influence on Religious Ideas, (18) Revelation, Salvation, and the Brain, DVD

The Spiritual Brain: Science and Religious Experience

Andrew Newberg

The Teaching Company-Great Courses

Disk 4: (19) The Brain's influence on Religious Behavior, (20) How the Brain Changes God, (21) How God Changes the Brain, (22) Why God Won't Go Away, (23) The Mystical Mind, (24) Reality and Beyond, DVD

Cognitive Behavioral Therapy: Techniques for Retraining Your Brain

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 1: (1) Cognitive Behavioral Foundation, (2) Quantified Self-Assessment for Therapy, (3) Setting Therapeutic Goals, (4) Third-Wave Cognitive Behavioral Therapy, (5) Stress and Coping, (6) Anxiety and Fear, DVD

Cognitive Behavioral Therapy: Techniques for Retraining Your Brain

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 2: (7) Treating Depression, (8) Anger and Rage, (9) Advanced Cognitive Behavioral Therapy, (10) Positive Psychology, (11) Healing Traumatic Injuries, (12) Forgiveness and Letting God, DVD

Cognitive Behavioral Therapy: Techniques for Retraining Your Brain

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 3: (13) Digging Deep and Finding Meaning, (14) Cognitive Behavioral Therapy and Medicine, (15) Staying on the Wagon, (16) Thinking Healthy: Weight and Nutrition, (17) Behavioral Therapy for Chemical Addictions, (18) Getting a Good Night's Sleep, DVD

Cognitive Behavioral Therapy: Techniques for Retraining Your Brain

Jason M. Satterfield

The Teaching Company-Great Courses

Disk 4: (19) Mastering Chronic Pain, (20) Building and Deepening Relationships, (21) Constructive Conflict and Fighting Fair, (22) Thriving at Work through Behavioral Health, (23) Developing Emotional Flexibility, (24) Finding the Best Help, DVD

Memo to Self: Protecting Sobriety with the Science of Safety

Kevin McCauley

The Institute for Addiction Study

90 minute DVD

The Passion Narratives of the Gospels

Raymond Brown

The Paulist Press

12 set CD

The Brain with David Eagleman

David Eagleman

PBS

Disk 1: What is reality? What Makes me? Who is in Control, DVD

The Brain with David Eagleman

David Eagleman

PBS

Disk 2: How do I decide? Why do I need you? Who will we be? DVD

Alzheimer's Disease-Facing the Facts

Carol Edwards and Glenn Orkin

PBS, 56 minutes

DVD

The Science of Integrative Medicine

Brent A. Bauer, MD

The Great Courses

(1) Complementary and Integrative Medicine,

(2) Making the Case for Integrative Medicine, (3) Herbal Supplements, (4) Supplements in Practice, (5) Mind-Body Medicine, (6) Guided Imagery, Hypnosis, and Spirituality, (7) Practicing Meditation, (8) Moving Meditation, Yoga, Tai Chi, and Qi Gong, (9) Relaxation Therapies, (10) Effective Acupuncture, (11) Massage Therapy and Spinal Manipulation, (12) Living Well, DVD

Christology: Understanding Jesus

Robin Ryan

Now You Know Media

Disk 1: (1) Overview of Christology, (2) New Testament Christology: Part I, (3) New Testament Christology, Part II, DVD

Christology: Understanding Jesus

Robin Ryan

Now You Know Media

Disk 2: (4) Christology of the Early Church, Part I, (5) Christology of the Early Church, Part II, (6) Medieval Christology, DVD

Christology: Understanding Jesus

Robin Ryan

Now You Know Media

Disk 3: (7) The Christology of Karl Rahner, (8) The Christology of Edward Schillebeeckx, DVD

Christology: Understanding Jesus

Robin Ryan

Now You Know Media: Feminist Christology: Elizabeth Johnson, 11) Christ and the Cosmos, (12) Jesus as Universal Savior, DVD

The World of Biblical Israel

Cynthia R. Chapman

THE GREAT COURSES

Disk 1: (1) Biblical Israel—The Story of a People, (2) By the Rivers of Babylon—Exile, (3) Ancestor Narratives in Genesis, (4) Moses—The Torah's Central Hero, (5) Becoming the Nation of Israel, (6) Kinship and Economics in Highland Villages, DVD

The World of Biblical Israel

Cynthia R. Chapman

THE GREAT COURSES

Disk 2: (7) Three Weddings and a Funeral, (8) Political Power Bases in Early Israel, (9) Kingdoms and King Making, (10) Politics and Economy of a Centralized Cult, (11) Worshipping Locally, (12) Lives of the Rich, Lives of the Poor, DVD

The World of Biblical Israel

Cynthia R. Chapman

THE GREAT COURSES

Disk 3: (13) Assyrian Incursion into Israel and Judah, (14) Life under Siege, (15) Religious Debates and Preserved Text, (16) Ezekiel—Exilic Informant, (17) Life in Exile, Life in Judah, (18) Literacy and Education, DVD

The World of Biblical Israel

Cynthia R. Chapman

THE GREAT COURSES

Disk 4: (19) Religious Developments of the Exile, (20) The New Israel—Resetting the Land, (21) Food and the Family Meal—Boundaries, (22) National Identity—Intermarriage, (23) National

Identity—Twins and Enemies, (24) Loss and Restoration—Two Biblical Stories, DVD

Jesus and His Jewish Influences

Jodi Magness

THE GREAT COURSES

Disk 1: (1) Jesus and Judaism, (2) Sacred Mountains and Law Giving, (3) The United and Divided Israelite Kingdoms, (4) The Destruction of Solomon's Temple, (5) The Jewish and Samaritan Schism, (6) The Jewish Diaspora and the Golden Rule, DVD

Jesus and His Jewish Influences

Jodi Magness

THE GREAT COURSES

Disk 2: (7) Alexander the Great's Impact on the Jews, (8) Jews and Greek Rule: The Heliodorus Affair, (9) Desolating Sacrilege and the Maccabean Revolt, (10) Apocalyptic Works and the "Son of Man", (11) Jesus' Jewish Lineage, (12) Was Jesus a Pharisee, DVD

Jesus and His Jewish Influences

Jodi Magness

THE GREAT COURSES

Disk 3: (13) Jewish Ritual Purity: The Sons of Light, (14) The Dead Sea Scrolls: Earliest Hebrew Bible, (15) Was Jesus and Essene? (16) The Hebrew Scriptures and the Septuagint, (17) The Reign of Herod the Great, (16) Pontius Pilate: A Roman Prefect, DVD

Jesus and His Jewish Influences

Jodi Magness

THE GREAT COURSES

Disk 4: (19) Anarchy in Judea, (20) Jesus's Prophecy: Jerusalem's Destruction, (21) Flavius Josephus: Witness to 1st Century A.D., (22) Rabbinic Judaism's Traditions about Jesus, (23) Jesus's Apocalyptic Outlook, (24) Jesus's Teachings and Saying in Context, DVD

Brain Myths Exploded: Lessons from Neuroscience

Indre Viskontas

Disk 1: (1) Is your Brain Perfectly Designed? (2) Are Bigger Brains Smarter? (3) Is Mental Illness Just a Chemical Imbalance? (4) Are Creative People Right-Brained? (5) How Different Are Male and Female Brains? (6) How Accurate is Your Memory? DVD

Brain Myths Exploded: Lessons from Neuroscience

Indre Viskontas

Disk 2: (7) Do You Only Use 10% of Your Brain? (8) Do You Perceive the World as It Really is? (9) Is Your Brain Too Smart for Magic Tricks? (10) Is Your Brain Objective? (11) Do You Have 5 Independent Senses? (12) Can Certain Foods Make You Smarter? DVD

Brain Myths Exploded: Lessons from Neuroscience

Indre Viskontas

Disk 3: (13) Can Brain Games Make you Smarter? (14) Does Your Brain Shut Down during Sleep? (15) Are Your Decisions Rational? (16) Are You Always Conscious while Awake? (17) Are Other Animals Conscious? (18) Can You Multitask Efficiently? DVD

Brain Myths Exploded: Lessons from Neuroscience

Indre Viskontas

Disk 4: (19) Are Dreams Meaningful? (20) Can Brain Scans Read Your Mind? (21) Can Adult Brains Change for the Better (Do Special Neurons Enable Social Life? (23) Is your Brain Unprejudiced? (24) Does Technology Make You Stupid? DVD

The Book of Isaiah—The Fifth Gospel

Leslie J. Hoppe

NOW YOU KNOW MEDIA

Disk 1: (1) Introduction, (2) The literary Context of the Book of Isaiah, (3) Judah's Religious Traditions, CD

The Book of Isaiah—The Fifth Gospel

Leslie J. Hoppe

NOW YOU KNOW MEDIA

Disk 2: (4) The Setting and Life of the Book of Isaiah, (5) The Social and Economic Conflicts in the Kingdom of Judah, (6) Isaiah Chapter 1, CD

The Book of Isaiah—The Fifth Gospel

Leslie J. Hoppe

NOW YOU KNOW MEDIA

Disk 3: (7) Isaiah Chapter 7: God with Us, (8) Isaiah Chapter 40, (9) The Servant of the Lord, CD

The Book of Isaiah—The Fifth Gospel

Leslie J. Hoppe

NOW YOU KNOW MEDIA

Disk 4: (10) Isaiah 58: The Restoration is Stalled, (11) Isaiah 66: Jerusalem's Future, (12) The Afterlife of the Book of Isaiah, CD

The History of Christianity II: From the Reformation to the Modern Megachurch

Molly Worthen

NOW YOU KNOW MEDIA

Disk 1: (1) Prophets of Reform before Protestantism, (2) Luther and the Dawn of Protestantism, (3) Zwingli, Calvin, and the Reformed Tradition, (4) The Anabaptist Radicals, (5) The Catholic Reformation, (6) The Church Militant in the Spanish Empire, DVD

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Disk 2: (7) War and Witchcraft in the Holy Roman Empire, (8) Puritans, Kings, and Theology in Practice, (9) Religious Dissent and the English Civil War, (10) Eastern Orthodoxy From Byzantium to Russia, (11) Christians under Muslim Rule, (12) The Church and the Scientific Revolution, DVD

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NOW YOU KNOW MEDIA

Disk 3: (13) The Enlightenment Quest for Reasonable Faith, (14) Pietist Revival in Europe, (15) The First Great Awakening, (16) Religion and Revolution in the 18th Century, (17) The Second Great Awakening, (18) The Mormons: A True American Faith, DVD

The History of Christianity II: From the Reformation to the Modern Megachurch

Molly Worthen

NOW YOU KNOW MEDIA

Disk 4: (19) Slave Religion in the Americas, (20) Christian Missions and Moral Reform, (21) The Church's Encounter with Modern Learning, (22) The Social Gospel, (23) Fundamentalism and Pentecostalism, (24) Apocalyptic Faith in the 1800s and Beyond, DVD

The History of Christianity II: From the Reformation to the Modern Megachurch

Molly Worthen

NOW YOU KNOW MEDIA

Disk 5: (25) The Church and the Russian Revolution, (26) The Rival Gods of the Cold War, (27) Rebellion and Reform in Latin America, (28) Vatican Renewal and Global Renewal, (29) Secularism and the Death of God, (30) The Gospel and Global Civil Rights, DVD

The History of Christianity II: From the Reformation to the Modern Megachurch

Molly Worthen

NOW YOU KNOW MEDIA

Disk 6: (31) Cultural Wars and the Christian Right, (32) Liberation Theologies in Latin American, (33) Prophetic Religion in Modern Africa, (34) Chinese Christianity: Missionaries to Moa, (35)

Revival and Repression in Korea, (36) The Challenge of 21st Century Christianity, DVD

Martin Luther and the Origins of Protestant Christianity

David Zachariah Flanagin

NOW YOU KNOW MEDIA

Disk 1: (1) Meeting Martin Luther, (2) Indulgences, (3) The 95 Theses and Their Aftermath, CD

Martin Luther and the Origins of Protestant

Christianity

David Zachariah Flanagin

NOW YOU KNOW MEDIA

Disk 2: (4) Justification by Grace through Faith Alone, (5) Sola Scriptura, (6) The Priesthood of All Believers, CD

Martin Luther and the Origins of Protestant

Christianity

David Zachariah Flanagin

NOW YOU KNOW MEDIA

Disk 3: (7) Free Will and Predestination, (8) The Eucharist, (9) The Challenge of the Radical Reformers, CD

Biblical Hebrew Learning a Sacred Language

Michael Carasik

THE GREAT COURSES

Disk 1: (1) Studying Biblical Hebrew, (2) Learning the Aleph Bet, (3) The Tiberian Vowel System, (4) Roots of Semitic Verbs, (5) Hebrew Verb Forms and the Definite Article, (6) Hebrew's Attached Prepositions, DVD

Biblical Hebrew Learning a Sacred Language

Michael Carasik

THE GREAT COURSES

Disk 2: (7) Adjective Forms and Agreement in Hebrew, (8) Irregular Hebrew Nouns and Adjectives, (9) Hebrew Pronouns and Pronominal Suffixes, (10) How Hebrew Letters Behave, (11) Perfect and Imperfect Hebrew Verbs, (12) Segholate Nouns and Pausal Forms, DVD

Biblical Hebrew Learning a Sacred Language

Michael Carasik

THE GREAT COURSES

Disk 3: (13) The Construct Form: Hebrew's Trailer Hitch, (14) Forming Hebrew Construct Chains, (15) Hebrew Verb Classification: Binyanim, (16) Question Words in Hebrew, (17) Hebrew Participles, (18) Counting in Hebrew, DVD

Biblical Hebrew Learning a Sacred Language

Michael Carasik

THE GREAT COURSES

Disk 4: (19) Hebrew Roots and Guttural Letters, (20) Hebrew Lamed-Hey Roots, (21) Hebrew Roots Beginning with Yud, (22) Irregular Hebrew Verbs, (23) Hebrew's Hollow Verbs, (24) The Infinitive in Hebrew, DVD

Biblical Hebrew Learning a Sacred Language

Michael Carasik

THE GREAT COURSES

Disk 5: (25) Jussives, Cohortatives, and "Hava Naglia", (26) The Imperative Form in Hebrew, (27) Verbs of the Hiphil Binyan, (28) Piel Verbs and Passive Binyanim, (29) Reflexive Binyanim: Niphal and Hitpa'el, (30) Reading the Bible in Hebrew: Joshua 1, DVD

Biblical Hebrew Learning a Sacred Language

Michael Carasik

THE GREAT COURSES

Disk 6: (31) Germinate Verbs and Reading Numbers 22, (32) Hebrew's Object Suffixes, (33) Hebrew Oaths and Other Idioms, (34) Understanding Hebrew Punctuation Marks, (35) Choosing a Hebrew Bible, (36) Helpful Hebrew Reference Books, DVD

The Learning Brain

Thad A. Polk

THE GREAT COURSES

Disc 1: (1) Learning 101, (2) What Amnesia Teaches Us about Learning, (3) Conscious, Explicit Learning, (4) Episodic Memory and Eyewitness Testimony, (5) Semantic Memory, (6) The Neural Basis of Explicit Learning, DVD

The Learning Brain

Thad A. Polk

THE GREAT COURSES

Disc 2: (7) Strategies for Effective Explicit Learning, (8) Controversies in Explicit Learning Research, (9) Unconscious, Implicit Learning, (10) The Psychology of Skill Learning, (11) Language Acquisition, (12) The Neural Basis of Implicit Learning, DVD

The Learning Brain

Thad A. Polk

THE GREAT COURSES

Disc 3: (13) Strategies for Effective Skill Learning,, (14) Learning Bad Habits: Addiction, (15) Introduction to working Memory, (17) The Neural Basis for Working Memory, (18) Training Your Working Memory, DVD

The Learning Brain

Thad A. Polk

THE GREAT COURSES

Disc 4: (19) How Motivation Affects Learning, (20) How Stress and Emotion Affect Learning, (21) How Sleep Affects Learning, (22) How Aging Affects Learning, (23) Dyslexia and Other Learning Disabilities, (24) Optimizing Your Learning, DVD

Ancient Greece

NOW YOU KNOW MEDIA

Christopher M. Bellitto

Disc 1: (1) Where in World History is Ancient Greece? (2) Religion and Mythology, (3) The Trojan War: Myth and Reality, DVD

Ancient Greece

NOW YOU KNOW MEDIA

Christopher M. Bellitto

Disc 2: (4) The Archaic Age: Building Greek Culture, (5) Sparta and Athens: Two Ways of Being Greek, (6) Persian Wars: Herodotus and the Eastern Challenge, DVD

Ancient Greece

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Session I: (1) Introduction, (2) What is mindful awareness? (3) The COAL state of mind, (4) How mindfulness affects the brain, (5) Nine functions of the middle prefrontal cortex, Part 1, (6) Nine functions of the middle prefrontal cortex, Part II, (7) Nine functions of the middle prefrontal cortex, Part III, (8) Internal attunement, (9) Five fundamental facts of mindfulness, (10) The mind, brain, and relationships: 73.53 minutes, CD

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Session II: (1) Introduction, (2) The experience of mindful awareness, (3) Stabilizing attention, (4) Exploring the space of the mind, (5) Lovingkindness meditation, (6) Guided mindfulness meditation, (7) The wheel of awareness, (8) The spaciousness of mindful awareness, (9) Guided lovingkindness meditation, (10) Expanding the hub of awareness. 74.09 minutes, CD

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Session III: (1) Introduction, (2) Communicating about science and subjectivity, (3) The varieties of attention, (4) Making the ordinary extraordinary, (5) Attunement, (6) Mirror neurons and the biology of empathy, (7) Mindful awareness and neural integration, (8) Flexibility of feeling, (9) Reflective thinking and mindful learning, 70:40 minutes, CD

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Session IV: (1) Introduction, (2) Mindfulness and education, (3) The middle prefrontal functions, (4) Guided practice: Shutting down and opening up, (5) Emotional balance, (6) Response flexibility and insight, (7) Empathy and modulating fear, (8) Intuition, (9) Morality and the core of self, (9) Reflections on mindful awareness. 69:42 minutes, CD

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